Pet Quality of Life Checklist

Below is a methodical veterinary quality of life checklist you can use to determine your options.

- ☑ **Medical Prognosis:** Is your pet's condition terminal, or could it improve? If it could improve, can you afford the cost of the necessary treatment regimen?
- ☑ **Life Quality:** Is your pet having more good vs bad days? What percentage of time do they seem to be seriously suffering vs. feeling ok?
- ☑ **Nutrition:** Can your pet still eat or drink? Are they losing weight?
- ☑ **Hygiene:** Can your pet still urinate or defecate, and are they incontinent? Do they still groom themselves or have they stopped self grooming?
- ☑ **Pleasure:** Does your pet still enjoy any activities such as a walk or playing with you?
- ☑ **Pain:** How often, and how intense is the pain your pet is experiencing?
- ☑ **Mobility:** Can your pet still move around and sit down or stand up without pain, or excessive help?
- ☑ **Cognitive:** Does your pet still recognize familiar people and/or are they able to bond and listen to your guidance?
- ☑ **Emotional:** Is your pet primarily friendly or do they seem to feel constantly depressed/angry?
- ☑ **Loss of identity:** Is your pet suffering so much their fundamental personality is changing and they are no longer themselves?
- ☑ **Safety:** Is your pet so impaired by their condition that they are becoming aggressive, by snapping or biting?
- ☑ **Loss of Dignity:** Is your pet soiling themselves, wandering or disoriented?
- ☑ **Overall wellness:** Are they having more good than bad days, or the other way around?

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